

Consent Form- Controlled Substances and Substance Abuse Policy

Multi-Provider Policy

We are committed to providing you/your child with the highest quality of healthcare and ensuring your/your child's well-being. As part of our commitment to delivering comprehensive and safe care, it is imperative that we have certain protocols in place, including those related to the use of controlled substances.

As a new/existing patient, it is important for you/your child to understand and acknowledge the following:

I understand that it is my responsibility to inform Fortis Behavioral Health if I/my child receive any controlled substances, regardless of type or dosage, from another healthcare provider. This includes but is not limited to medications such as opioids, benzodiazepines, stimulants, and other controlled substances.

I understand that failure to inform Fortis Behavioral Health of any controlled substances received from other providers may result in termination from the practice. Fortis Behavioral Health relies on accurate and complete information to provide safe and effective care, and failure to disclose such information can compromise my/my child's health and the integrity of the treatment plan.

I understand that Fortis Behavioral Health is happy to coordinate care with other healthcare providers to assess the appropriateness of any controlled substances prescribed to me/my child. This may include communicating with my/my child's other providers, reviewing medical records, and collaborating on a comprehensive treatment plan to ensure my/my child's well-being.

I understand that patients who violate this policy by failing to inform Fortis Behavioral Health of controlled substances received from other providers are subject to discharge from the practice. This decision will be made at the discretion of Fortis Behavioral Health and in accordance with applicable laws and regulations.

Marijuana and Stimulant Use Policy

If you/you child are receiving a stimulant for attention-deficit hyperactivity disorder (ADHD), we do not allow more than minimal marijuana use.

a. Minimal marijuana use is defined by using marijuana in any form ≤ 1 per week. Frequent use is defined by using marijuana in any form multiple times (≥ 2) per week.

b. Decreased concentration is a well-known side effect of frequent marijuana use. If you use marijuana frequently, it is impossible to tell if your/your child's decreased concentration is from marijuana or ADHD. Stimulant medications are highly controlled substances and only approved for the treatment of ADHD. Therefore, we will not prescribe a stimulant if there is a chance of decreased concentration from marijuana use and not from ADHD.

A negative urine drug screen (UDS) is required before starting stimulant treatment

UDS will be required periodically and randomly during stimulant treatment. Your/ your child's treatment provider will also periodically conduct substance use assessments with you/your child.

a. If a UDS is requested, you/ your child have 7-10 days to complete it from the time you/your child are informed via kp.org message system. If the message is left unread or if you/your child do not have a kp.org account, you/your child will be informed via telephone. If you are unable to answer the call, we will leave a voicemail. It is your/your child's responsibility to check voicemails in a timely manner. If your mail box is full and multiple attempts are made to contact you, your/your child's treatment provider may hold stimulant treatment.

b. You/your child have 7-10 days to complete it once informed.

-We recommend you/your child wait at least 5-7 days after your last use before you/your child obtain the UDS.

-If you/your child complete it after 10 days from when you were informed, it will be considered a red flag and will be taken into consideration as part of your/ your child's substance use disorder assessment.

-If you/your child refuse to obtain a UDS, your/your child's clinician can stop stimulant treatment at any time.

c. If the UDS result is positive for tetrahydrocannabinol (THC) (a substance found in marijuana), you/your child will have 7-10 days to repeat the UDS.

-If the repeat UDS is negative and/or your/your child's clinician does not suspect a substance use disorder, you/your child will likely resume treatment as usual but it is at the discretion of your/your child's treatment provider.

-If the repeat UDS is positive and/or a substance use disorder is suspected, your/your child's clinician can pause or end stimulant treatment at any time.

A stimulant prescription can be paused or stopped at any time by your/your child's treatment provider if there is suspicion for substance abuse or diversion.

Drug Testing Policy

Urine drug testing (UDT) or Oral swab testing provides objective information to assist clinicians in identifying the presence or absence of drugs or drug classes in the body and making treatment decisions.

It is the policy of Fortis Behavioral Health for any patient receiving prescriptions for controlled substances (ex. Sleep hypnotics, ADHD stimulants and Lyrica) are subject to drug testing at the request of the provider at various times throughout treatment.

Patients who test positive for illegal substances will be discharged from the practice. Any positive in office screen will be lab verified prior to a decision related to continued care.

Consent

By signing below, I acknowledge that I have read and understood the above information, and I agree to comply with the policies outlined herein. I understand that my failure to adhere to these policies may result in my/ my child's termination from the practice.

PATIENT OR PARENT/GAURDIAN

SIGNATURE: *

NAME OF SIGNER: *

**RELATIONSHIP TO PATIENT (IF SELF
PUT "SELF"): ***

Date: *
